











Helping people with disabilities live at home.







2014 - 2015 Annual Report

A Message from our **Executive Director**

This past year has seen some significant change and challenges for Alleghenies Unlimited Care Providers. Despite all the obstacles that confronted our organization, we continued to strengthen the internal and external capacity of our core business. Good intentions are never good enough. We, along with our board of directors, share the responsibility to find bold solutions that work; matching our courage with rigor and our risks with results. We believe that organizations working day and night to improve people's lives deserve the most talented and committed professionals. And we believe to our core that the world would be a better place if success was measured by the impact on an individual or its community, versus the prestige or pay of a job. We do all this through the lens of our new culture created over this past year. Our organization has emerged stronger than ever. Our surveys, utilization of people talent and sustainable culture has created the footprint which to build upon.

Our sights are now set on 2016 and beyond, with a strategy that builds on the success of the past year and directs the organization to strategy development to plan for our future. Our board of directors and our staff are eager to seek out these new challenges while further enhancing our mission and impact to the local communities.

In our latest annual report, we share inspiring pictures that tell many stories. The pictures display inclusiveness, community integration, community support and our staff's pursuit and demand for excellence in each and every program.

-Scott Hilliard, Executive Director

A Message from our Board Chair

The past year has truly been filled with change and opportunity. Alleghenies Unlimited Care Providers has emerged as an independent entity focused on quality, efficiency, and transparency. The agency is in many ways a new organization with a 59 year legacy and our goals of promoting independence and encouraging individuals to be an active participant in decision-making and direction of service remain the same.

Our Board of Directors, management and staff have been diligently working to increase our operational efficiencies, accessibility, and service models. With new leadership comes new perspective and innovation. We look forward to the future, both the opportunities and challenges, as we work to expand our quality care and services to the communities we serve.

While our recent past has been filled with change, our future is filled with opportunity. As the agency evolves and new leadership emerges we look forward to future partnerships and collaboration as we work together to build inclusive communities one life at a time.

-Kathy DePra, Board Chair

Contents

- 4 MissionVision and Core Values
- **5** "Hello, We're New Here"
- **6** Programs and Services
- 8 Ability Works
- 9 Quality Assurance& Training
- **10** Our Caregivers
- **11** Financial Highlights
- **15** Our Donors & Collaboration

A Fresh Start

Throughout the past year, Alleghenies Unlimited Care Providers (AUCP) has gone through a significant transformation. Complete with new staff members, a fresh outlook, and a concentrated mission to better serve the community. AUCP is well on its way to making a true difference for individuals of all abilities.

Note of Thanks

In the back of this publication, you will see a list of donors. These groups, organizations, and individuals have helped us with time, money, and support. Simply saying thank you doesn't seem like enough, but we want them to know how much they mean to us. Thank you to Lee Initiatives for the grant in the amount of \$2,500, to the Johnstown Quota Club for their donation of \$500, and to Cuddles for Kids for their generous gift of 100 Teddy Bears. In addition, we want to thank our Board of Directors. Working alongside you throughout this past year has been a true pleasure and we couldn't have made such an impact without your constant support and guidance.



Kathy DePra, Chair Kevin Oleksa, Secretary/Treasurer Nick Damin

John Haschak Alan Metzler Carol Schneck Todd Thompson

GuideStar

AUCP has earned the highest ranking from the leading non-profit resource center, the GuideStar Exchange Gold Seal; a mark of accountability and transparency throughout all operations.



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Check us Out!

A few things you should

know about AUCP:

Employs over 250 Direct Care Professionals

Provides services in 13

Operates three Community

within Cambria County

Serves more than 350

Living Arrangements (CLA)

counties

individuals

Established in 1956

Mission

The mission of Alleghenies Unlimited Care Providers is to assist children, youth, and adults with disabilities in meeting basic needs, enhancing quality of life, and promoting independence while also allowing individuals to be an active participant in decision making and direction of service.

Vision

AUCP strives to create accessible communities through collaboration and enrich the lives of all individuals living with any disability through respect, compassion, and professionalism.

Core Values

Alleghenies Unlimited Care Providers is dedicated to the following core values:

Consumer Choice and Individual Empowerment

We focus on personal independence and enhancing self-image of disabled individuals. Each program and service is intended to liberate consumers by providing assistance only when needed. We continuously motivate clients to make their own decisions in all aspects of their life.

Quality Care and Exceeding Expectations

Professionalism and quality are provided in each department of our organization. Direct Care Workers and Office Staff alike go through extensive background checks and orientations to ensure the standards of our agency are continually exceeded.

Promoting Respect and Dignity

Every person deserves recognition and acceptance. At AUCP, each individual is treated with respect and is motivated to value themselves and each other.

Community Inclusion and Collaboration

We strive to include community in our actions and mission, offering programs and events intended to showcase our efforts and provide opportunities to work together. As a nonprofit, collaboration and joint devotedness is significant to the growth and impact of the organization.

Transparency in Design and Delivery

We represent more than our local community; the agency is a piece of the human services puzzle and strives to set an unbeatable example. Our programs, services, donations, funding, employees, volunteers, and our mission is meant and aspired to be recognized.



"Hello, We're New Here"

After 55 years of being associated, both physically and mentally, with Choices: People Supporting People, UCP Foundation, and Alleghenies United Cerebral Palsy, Alleghenies Unlimited Care Providers finally became its own entity.

Through the years, excellence in development and implementation of programs has guided AUCP's mission to provide more services and expand programming to individuals with any disability throughout a broad geographic region. Today, AUCP serves approximately 350 individuals in various programs assisting children, youth, adults, and seniors. While no longer affiliated with United Cerebral Palsy we do appreciate the history shared between the organizations and hope to continue building on that legacy of excellence.

AUCP operates three (3) community living arrangements in Cambria County. All of our individual residents are offered as-needed assistance in the areas of: activities of daily living, decision making, financial management, and social and emotional growth. The residents are encouraged to take charge of their lives with help available when needed. Most of the individuals attend day programs or sheltered workshops. Community integration is an essential component of the program and activities are designed around individual preferences.

Alleghenies Unlimited Care Providers currently operates with a budget in excess of 8 million dollars across a validated radius of 18 counties in southwestern and central Pennsylvania.

AUCP is currently working towards re-establishing the agency name, brand, logo, tagline, and involvement in the community. Though difficult, the separation was necessary and significant. AUCP is proud to be a part of this community and looks forward to displaying it's true worth while advocating for people of all abilities.

FAQs

Are you a registered 501(c)3 organization? Yes

What are the qualifications for assistance? AUCP provides services for five State waivered programs: Independence Waivers, OBRA Waiver, Attendant Care Program (Act 150), Home and Community Based Waiver, COMMCARE, & Consolidated Waiver.

Who can participate in Ability Works activities? Any AUCP consumer or community member with a disability.

Do you offer accessible transportation? Yes, AUCP currently has seven wheelchair accessible vans.



"A candle loses nothing by lighting another candle." -James Keller



Alleghenies Unlimited Care Providers Annual Report 2014-15 ◊ 6

Programs and Services

Alleghenies Unlimited Care Providers approach to authorized service delivery has been shaped by Pennsylvania State Regulations and the licensure agency of the Pennsylvania Department of Health. It has been guided by the shared vision of consumers, Board of Directors, and AUCP staff to meet the goals of continuity, quality service, accessibility, independence and community inclusion for the disabled population.

AUCP serves over 350 consumers across all programs in the following validated counties: Cambria, Blair, Bedford, Somerset, Indiana, Huntington, Westmoreland, Fayette, Clearfield, Franklin, Fulton, Armstrong, Allegheny, Elk, Juniata, Centre, Clarion, and Clinton.



Jn-Home Personal Care Services

The Pennsylvania Department of Health defines Home care services as the following:

-Assistance with self-administered medications -Personal care such as assistance with personal hygiene, dressing and feeding -Homemaking such as assistance with household tasks housekeeping, shopping, meal planning and preparation and transportation -Companionship -Respite care such as assistance and support provided to the family -Other non-skilled services. "The best way to find yourself is to lose yourself in the service of others." -Mahatma Gandhi



State Waivered Services:

-Independence Waiver -OBRA Waiver -Attendant Care Program -Act 150 - COMMCARE -Home and Community Based Waiver -Consolidated Waiver

County Programs:

In partnership with Somerset, Cambria, Blair, Indiana, and Clearfield Counties Agency on Aging: -Personal Assistance Service (PAS) -Personal Care -Homemaker -Options *We can also arrange for Private Pay care and services with individual contracts or through third party

payers; such as, long term care insurance or trusts.

Programs and Services

Transportation Services

AUCP offers transportation options to specific waivered participants and under other contracts with community service providers. The AUCP fleet of vehicles includes seven specially designed vans, which ensure accessibility for any individual with a disability.

Community Living Arrangements (CLA)

Alleghenies Unlimited Care Providers currently operates three Community Living Arrangements in Cambria County: Ashdale, Lindbergh, and Liedy. All of our individual residents are offered experiences or activities of daily living, decision making, and social and emotional growth that encourage them to take charge of their lives with help available when needed. AUCP strives to reinforce the idea of "Every Day Lives" as developed by the state Office of Developmental Programs.

Consumer Activity Program

Alleghenies Unlimited Care Providers offers consumers the opportunity for social engagement with the consumer activity program, Ability Works. This consumerbased program is geared toward improved self-image, increased opportunities for social situations, growing consumer confidence, educational workshops, and giving back to the community with civic engagement through actions.

Recent Activities:

-Fishing Picnic
-Journey Bag Project
-Internet Safety Session
-Bee Farm Visit
-Flight 93 Memorial Visit
-Horse Farm
-Assistive Technology Session
-Civic Engagement Workshop







Ability Works

AUCP's Ability Works program, offered to AUCP consumers and the general public, provides activities, events, trips, and educational workshops for individuals of all abilities. Directed by Joyce Bowers, Ability Works, offers opportunities for social interaction and includes important essentials; such as: transportation, specialized meal plans, and personal assistance.







"To make a difference in someone's life, you don't have to be brilliant, rich, beautiful, or perfect. You just have to care." -Mandy Hale

Alleghenies Unlimited Care Providers Annual Report 2014-15 ◊ 9

Quality Assurance & Training

Alleghenies Unlimited Care Providers currently offers a full realm of Human Resources, Finance, and Information Technology with the capacity to expand these departments as deemed relative to business operations. AUCP will be improving time and attendance tracking, as well as data collection, through the implementation of a new IT system in the very near future. The current VisiTrax software, while sufficient, lacks the capacity to capture the full data scope AUCP seeks. For this reason, the agency will be moving to the ClearCare Home Health software which will improve efficiencies and information tracking. ClearCare will interact with the agency's current Human Resources programs and payroll system, as well as the PROMISe billing system used by the Commonwealth of Pennsylvania. As the agency continues refining data collection efforts, seeking out new efficiencies, and developing impactful programming added emphasis will be placed on Quality Assurance measures. Current focus areas include all direct service departments but during the upcoming year will be expanded to include Information Technology, Human Resources, and Finance.

Continuing Quality Initiatives

Current Critical areas of focus for AUCP Community Living Arrangements, measures effectiveness of the services provided and quality assurance for both consumers and for the administration of services provided:

-Consumer Care / Satisfaction
-Cost Control Measures & Billing Integrity
-Critical Incident / Risk Management
-Employment
-HCSIS
-Regulatory Compliance
-Staffing



Current critical areas of focus for AUCP, measures effectiveness of service provision and quality assurance for both consumers and for the administration of services provided.

- -Consumer Satisfaction and Consumer Complaint Management
- -Critical Incident and Risk Management
- -Quality Management of SCOPE, DURATION and FREQUENCY of SERVICE
- -Staff Training
- -Staffing and Recruitment of qualified DCW
- -Abuse neglect exploitation and abandonment/mandatory reporting
- -Regulation Compliance

Alleghenies Unlimited Care Providers is dedicated to providing the highest quality services, for this reason lofty goals are established, activities are practiced and documented, and measurable outcomes used to track progress. Quality management is an ongoing process and evolves as needs change, AUCP recognizes that improving quality requires a commitment to ongoing and honest self-evaluation as well as the willingness to identify and act on both strengths and weaknesses.

ALLEGHENIES UNLIMITED CARE PROVIDERS Annual Report 2014-15 **◊** 10

Our Caregivers

AUCP employs approximately 250 Direct Support Professionals (DSP's) throughout a qualified thirteen county span. These, selfless individuals empower clients to take charge of their lives by offering asneeded assistance in decision-making, financial responsibility, and daily activities. AUCP organizes DSP's with client schedules; ensuring needs are met and clients are satisfied, encouraged, and selfgoverned. It is essential to AUCP that clients are decision-makers throughout each and every process.

DSP's, many times, act as a client's right hand; feeding, bathing, toileting, grooming, transferring, housekeeping, dressing, and providing emergency response. Although nonmedical, DSP's provide clients with independence and respect during times that seem impossible. Unfortunately, this world we've created has not been made equally for everyone. At AUCP, that is something the organization strives to overcome; an inclusive and equal community for people of all abilities.

Our DSP's are the ones who make this organization what it is; a place of empowerment, hope, and inclusion. These amazing individuals make seemingly unreachable independence a reality.

Emp	oloyee d	of tl	ke Month
<u>2014</u>	:	<u>2015</u>	
July	Crystal Price	Jan	Suzanne Horton
Aug	Cheryl Burk	Feb	Teri Gregor
Sept	Sally Coslic	Mar	Diane Dionne
Oct	Donna Brant	April	Beverly Patterson
Nov	Shanda Gary	Мау	Donna Goodfellow
Dec	Cheryl Burk	June	Danielle Camardo

Most-Tenured:

Glenda Beal, *21 years* Patricia Buchanan , *21 years* Mary Campbell, *18 years* Mary Gaydosh, *29 years* Linda Greenleaf, *19 years* Deborah Hardison, *29 years* Elaine Herman, *18 years* Jodie Kelly, *27 years* Joyce Mack, *29 years* Linda Miller, *18 years*





"Calling a caregiver a superhero is a misnomer. Superheroes should be so strong. Superheroes should admire, respect and look up to caregivers." -Jeff Davidson

Financial Highlights Fiscal Year-End June 30, 2015

Combined Statement of Financial Position						
	2013	2014	2015			
Current Assets	\$5,991,968	\$5,436,707	\$5,528,835			
Total Assets	\$7,106,597	\$6,392,351	\$6,469,005			
Current Liabilities	\$3,040,890	\$2,786,866	\$2,596,802			
Total Net Assets	\$4,053,783	\$3,605,485	\$3,872,203			

Condensed Statement of Activities						
	2013	2014	2015			
Total Revenues	\$14,300,670	\$11,281,409	\$9,194,611			
Total Expenses	\$14,262,076	\$11,729,707	\$8,927,893			
Change in Net Assets	\$38,594	(\$448,298)	\$266,718			



"The one thing that you have that nobody else has is you. Your voice, your mind, your story, your vision. So write and draw and build and play and dance and live as only you can." -Neil Gaiman

Financial Highlights

Fiscal Year-End June 30, 2015











Quick Facts

How much was granted through Federal awards? \$3,405,636

What are the estimated year-end assets? \$3,872,203

What is the change in Net Assets from 2014? Increase of \$715,016

What AUCP's Current Ratio? 2.13

What percentage of Revenue is used toward Programs?

85%

What is AUCP's current operating budget? \$9 Million

Financial Highlights

Fiscal Year-End June 30, 2015



"Instead of asking, 'What do I \$400,000 want from life?' A more powerful \$300,000 question is, 'What does life \$200,000 want from me?"" -Eckhart Tolle \$100,000 \$0 (\$100,000) (\$200,000)



Financial Highlights

Fiscal Year-End June 30, 2015



"Difficulties in your life do not come to destroy you, but to help you realize your hidden potential and power. Let difficulties know that you, too, are difficult." -Dr. A.P.J. Abdul Kalam



Our Donors

Lee Initiatives Cuddles for Kids, Connor Hagins Hooked on Crocheting- Cambria County Library Mercik's Ideal Market of Vinco Johnstown Quota Club Donna Gergely- Armour of God Keepers of the Faith Cindy Bauer Heather Richards Claire Yingling Mandy Davison Claudia Rager Connie Malek Krissey Riley Patricia Jordon Anne Fox Sherry Mancarvis Ability Works Consumers Terri & Mindy Lewis Peggy Stahr, Olivers, and Kohan Sandy Swanson



Collaboration

Best of Friends Horse Farm Cambria County Children and Youth Services Cambria County Health and Welfare Council Cambria County Prevention Coalition Cuddles for Kids Disability Rights Network (DRN) Rehabilitation & Community Providers Association (RCPA) Summer Smiles Honey Bee Farm Windber Sportsmen's Club





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